

Folkestone & Hythe District Council Job Description

JOB DETAILS	
Job Title	Aqua Fit Aerobics Instructor
Service Area / Team	Democratic Services & Law / Hythe Pool
Reports to	Assistant Manager (Hythe Pool)
Post Number	
Grade & Annual Salary	£20 per hour
Politically Restricted Post	No
DBS Requirement	Enhanced

JOB PURPOSE
To deliver water based exercise classes to members of the public in a group environment.

MAIN DUTIES AND RESPONSIBILITIES	Frequency (daily/weekly/ monthly/annually etc)
• To provide appropriate instruction to clients.	Ongoing / As required
• To keep up to knowledge of Normal Operating Procedures and Emergency Action Plan in the Swimming Pool area.	Ongoing
• To take responsibility for health, safety and wellbeing of clients.	Ongoing
• To be aware of and support different fitness abilities and ensure equal opportunity for all.	Ongoing

CORPORATE RESPONSIBILITIES
• Adhere to the council's safeguarding policies and procedures and undertake relevant training in order to help protect children and vulnerable adults within the district.

<ul style="list-style-type: none"> • To comply with legislation, council policies and procedures including the Data Protection Act, Freedom of Information Act, Information Security Policy, the Code of Conduct for Officers and to participate in any Emergency Planning activities as required.
<ul style="list-style-type: none"> • To actively demonstrate the values and behaviours of the council.
<ul style="list-style-type: none"> • To ensure our customers are valued by taking into account their views and needs in all that we do.
<ul style="list-style-type: none"> • To contribute to the development and achievement of relevant corporate and service objectives by suggesting ideas for service improvements.
<ul style="list-style-type: none"> • To communicate openly and honestly with colleagues, members and customers.
<ul style="list-style-type: none"> • To undergo any training necessary to be able to fulfil the requirements of the job.
<ul style="list-style-type: none"> • To carry out other duties commensurate with the grade, skills, experience and qualifications of the post holder as directed and as may be required from time to time.

The key decision making areas in the role

Assessing appropriate fitness levels and ensuring all have the opportunity to participate sessions

The wider context of the role

- Currently 3 classes per week are held with view to offering more classes
- Income generation
- Offering sessions that enhance health and wellbeing
- Keeping safeguarding at the forefront of mind at all times when instructing.

Folkestone & Hythe District Council Person Specification

Post Title: Aqua Fit Aerobics Instructor

Important Information for Applicants: The criteria listed in this person specification are the requirements for the post. Where the method of assessment is stated to be the application form, your application needs to demonstrate clearly and concisely how you meet each of the criteria, even if other methods of assessment are also shown. If you do not address these criteria fully, you may not be shortlisted. Please give specific examples wherever possible.				
Factors	Criteria	Means of Assessment		
		Application	Interview	Test
Qualifications	Essential <ul style="list-style-type: none"> Level 2 Certificate in teaching Water-Based Exercise 	✓		
	Desirable			
Experience and Knowledge	Essential <ul style="list-style-type: none"> Demonstrable knowledge of water-based exercise and water safety. Demonstrable knowledge of health, safety and welfare in a fitness environment 	✓ ✓	✓ ✓	
	Desirable <ul style="list-style-type: none"> Demonstrable knowledge of swimming pool emergency operational procedures. Recent and relevant experience of teaching Aqua Fit Aerobic to a wide age range and ability. Demonstrable knowledge of principles of exercise, fitness and health. An active member of the Register of Exercise Professionals (REPs). 	✓ ✓ ✓ ✓	✓ ✓ ✓ ✓	

Skills and Abilities	Essential <ul style="list-style-type: none"> ▪ Ability to work as part of a team ▪ Ability to operate on own initiative with minimal supervision ▪ The written and oral communication skills required to effectively motivate and encourage clients. ▪ Ability to support clients taking part in exercise and physical activity. ▪ Ability to motivate and instil confidence in clients. ▪ Proactive and committed to continued service and personal development ▪ Ability to demonstrate a professional and customer orientated approach ▪ Excellent interpersonal skills with the ability to operate and build excellent working relationships at all levels 		✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	
	Desirable			